

Games used during the youth exchange nothing useless:

Energisers:

Big fat pony

A song with actions that have to be performed. There are different variations of this energizer, but it basically goes like this: http://www.youtube.com/watch?v=5O_XmYptq7k

Strangled

The group stands in a circle, they all close their eyes and walk towards the centre of the group. Then they have to grab some random hands. Then they open their eyes and should make a circle again without letting go of the hands.

Ninja

The group stands in a circle. You're not allowed to move unless stated otherwise. One person starts and makes 1 movement trying to hit another person's hand, when attacked you can make one movement to avoid the attack. If somebody can hit your hand, you're out. Then it's the next person's turn.

Name games:

Blanket

The group is divided in two teams and sit on the ground. A blanket is put up in the middle between the two groups. One person of each team sits in front of the blanket, which is then lowered. The first person to shout out the name of the other persons wins. The loser then joins the other team.